

# Autumn 2017

## I TO THE HILLS...



As I look out my window this morning the mountains have disappeared! All I can see is damp fields, which are turning into autumn yellow, damp sheep, low mist and a lot of rain. To be honest it's one of those Mondays when you just want to pull the duvet back over your head and wait until Tuesday comes around. But that's not an option! You see, it's either my conscience or the Holy Spirit, but various parts of scripture flood into my mind : -

"Bless the Lord O my soul and all that is within me praise His Holy Name"  
*(only on bright and sunny days?)*

"This is the day that the Lord has made. I shall rejoice and be glad in it"  
*(only if my day is going to plan?)*

"Give thanks to the Lord for He is good"  
*(this rain's going on forever!)*

**You get my point!** The Bible talks about a 'sacrifice of praise'. Is it a sacrifice when everything is great and we are feeling wonderful? The skies are blue, the sheep are dry and I can see the mountains! I think it's when we really don't feel like praising Him and everything around is dull and grey that we should step out and lift up His Name in sacrificial praise. The dark clouds trying to fill our hearts and minds will be blown away and we can say, "**Jesus is Lord!**" It's the same with prayer. God needs us to pray and you can be sure that the old devil will try and fill you with many reasons not to. That old enemy of ours is so afraid of Christians on their knees - so let us all fill him full of fear - and pray and intercede for God to do great and mighty things.

(from "Compass Christian Centre Prayer Points" - Sept 2017)

The **General Assembly** is calling for **A National Day of Prayer**

Watch for information about an event in

**St Bryce Kirk on 25th November**

## CrossReach Week: Be Part of it!

CrossReach Week 2017 takes place from **Sunday 24<sup>th</sup> – Friday 29<sup>th</sup> September**. This year's Moderator, Rt. Rev. Dr. Derek Browning, wants to make mental health the main theme of his time with CrossReach and will visit services which offer perinatal mental health support, plus places which offer touching points with people such as drop-in centres. Dr. Browning helped to launch our Grey Cake Bake at the General Assembly when he took part in a competition with Youth Moderator Andrew MacPherson. Grey Cakes are grey on the outside but colourful inside, symbolising the ability and potential of everyone, even when covered by the grey fog of anxiety or depression.



Dr. Browning told *Life and Work*: "What CrossReach does in its many different guises is to put hands of care on to our Christian faith. I am looking forward to CrossReach Week and hope to visit a wide variety of projects in different parts of the country. By putting a spotlight, even for a brief moment, on some of the outstanding work that is carried out in the name of Christ and His Church, then that must be an encouragement not only to the many staff and volunteers involved in the work of CrossReach, but also to the wider Church which should be proud of the work we support. Maybe it might inspire some more people to find ways to help in their own congregations or communities, or with a nearby CrossReach project. There is good work being done – let's encourage it!" CrossReach Week will be launched on Social Care Sunday at a service in Coldside Church in Isla Street, Dundee on 24<sup>th</sup> September at 4pm to which everyone is invited. For the latest news about CrossReach Week please check our website: [www.crossreach.org.uk](http://www.crossreach.org.uk)

### Social Care Mission Officer



Hello! Just a quick introduction from me for those I've not managed to meet yet. I'm Liann Weir and I'm the Social Care Mission Officer for CrossReach. I've been with CrossReach for a very quick 12 years!

Over the last year and a half I have been analysing different ways in which support can be offered to local churches and ways in which local churches can provide insights into their surrounding communities.

I'll be using this space each month to give you an update on the resources available to churches and the events we are organising as we each learn and grow in our knowledge of the social care landscape across the country.

In the meantime – please check out our website dedicated to informing, connecting and inspiring churches around the theme of social care:

[www.socialcareforum.scot](http://www.socialcareforum.scot)

### Creating a Dementia Friendly Church

Clarkston Churches Together in Glasgow are hosting a free event, 'Creating a Dementia Friendly Community', in partnership with CrossReach on **Saturday 7th October** in St. Aidan's Church from 10am - 3pm. The Open Day will feature a Keynote Address by Andy Lowndes (co-founder with Sally Magnusson of 'Playlist for Life'), plus a number of workshops run by CrossReach including: 'Communication and Dementia' and 'Heart for Art and Creativity'. The aim of the day is to reduce the stigma surrounding dementia and to raise awareness of the support available in the Clarkston area. Representatives from organisations and initiatives supporting people who have dementia will be there to chat with you. As it's a



'Pop-In' style event, no booking is necessary but to avoid disappointment, if you'd like to attend one of the workshops, please book your place in advance by e-mailing: [greenbank.office@tiscali.co.uk](mailto:greenbank.office@tiscali.co.uk)

## 'In Giving of Ourselves, we Receive'



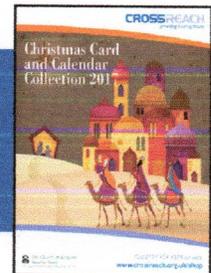
For one day every year, the Church of Scotland's Church and Society Council staff team devote time to reflecting on their work and to strengthening the bonds between the individual team members. This year, they chose to take a first-hand approach and to connect with an issue they frequently speak out about on at national and local levels – homelessness.

When they heard that the foyer of CrossReach's homeless service in Edinburgh, Cunningham House, was in need of freshening up, they decided to spend the morning painting this first point of

'welcome' to the service. Slightly nervous and not really knowing what to expect, the team arrived armed with their brushes, paint and overalls. Afterwards, we caught up with team member Andrew Tomlinson who said: "We saw first-hand something of the realities facing people who have no home, and will draw from this experience when addressing issues of homelessness in the future. The team engaged in other activities later on in the day but the highlight for each and every one of us was the time we spent at Cunningham House. It's a privilege to know we have played a small part in creating the initial 'welcome' to the service. In giving of ourselves, we have truly received." Our thanks to the Church and Society team for all their hard work to provide this wonderful facelift to the Cunningham House foyer.

## Christmas Card and Calendar Collection 2017

To request your free copy of our Christmas Catalogue, please call:  
**0131 454 4374**



## Speak Out for CrossReach

Why not become a volunteer Regional Speaker? Our speakers are vital to CrossReach's services and the people we serve. They are at the front line - spreading news of CrossReach's work and its positive impact on communities in Scotland. As a Regional Speaker you will be equipped and trained to speak change into your community. You can volunteer as often or little as you like and at times that suit you. You might be asked to speak at one or several of the following: Churches; Schools; Guilds; Universities; Coffee mornings or Youth Fellowships.

### Why be a Regional Speaker?

- Speak about something you care about
- Use your passion to enthuse others
- Impact local groups and communities
- Gain skills and experience



**How do you volunteer?** Contact: [supporters@crossreach.org.uk](mailto:supporters@crossreach.org.uk) for an application form.

## Download your copy of CrossReach News!

Issue 3 of CrossReach News in 2017 is now available. In this edition you can read about the latest developments from our Children and Family Services, there's a 'Focus On' the Year of Young People 2018, and 'Me and My Job' features care practitioner Leeann Mitchell from Finniescroft Farm. You can download CrossReach News at: [www.crossreach.org.uk/resources-0](http://www.crossreach.org.uk/resources-0). And if you would like to be added to our mailing list to receive future editions free of charge, please e-mail: [bdd@crossreach.org.uk](mailto:bdd@crossreach.org.uk)



## FINANCE REPORT

The offerings are much the same as last year. Heating and Lighting is down. The income from the Solar Panels has been offset against this and thus helped to reduce it. The electricity usage is being monitored.

**Centre:** Hall lets are down by £9,197 and catering down by £2,681 for year to end of July.

The Day Centre has only been using 1 room instead of 2 with fewer days but we still serve approx. 60 meals. KAOS are now using the large hall 2 nights and a Saturday once a month. Hall Let rates have increased. The numbers using the Coffee Bar have been steadily dropping as there is more competition. Hopefully the 2 for 1 promotion in September will help.

**Sunday offerings** are as follows:-

	2017		2016	
	Open	FWO	Open	FWO
Apr - June	£1353.24	£4430.30	£952.59	£4407.70
S/O Apr - June 2017	£10,655.50		S/O Apr - June 2016 £10,367.50	

**Gift Aid:** The tax reclaimed on Gift Aid contributions from April to June 2017 was £3,373.91 with a further £487.86 from the Gift Aid Small Donations Scheme Community Buildings making a total of £3,861.77.

*Dorothy Smith*

Finance Team Convener.

## New Session 2017 - 2018

Welcome to the start of the new session 2017-2018. I hope you've all enjoyed a lovely summer break and feel refreshed for the year ahead in St Bryce Kirk.

Our Church and Centre look very fresh and welcoming after the recent redecoration. The money for this redecoration came from the Redecoration Fund which was supported by members and friends of the congregation over the last 18 months. Then over the last 2 weeks a fairly large number of members gave their time and efforts to vacuum, mop, dust, wash, dry and tidy the sanctuary and large hall plus contents, so that they are sparkling clean once again! A huge thank-you goes to all involved.

There will be many other new ways to be involved in our church throughout the year ahead, as well as being in the many on-going teams, groups and clubs. I hope you'll take the opportunity to be part of them and feel the warm St Bryce Kirk welcome.

*Andzia Wilson*

Session Clerk

# Church Register - 2017

## Baptisms

“ I baptise you with water for repentance” - Matthew 3 : 11

28 May Elliott Andrew Smail  
Son of Richard and Leanne

2 July Harry Ewen Sim  
Son of Andrew and Lorna

24 September Leon Howatson  
Son of Colin and Claire



## Deaths

“ I give them eternal life, and they shall never perish” - John 10 : 28

5 May Alex(Sandy) McDougall  
Nicol Street

24 May Georgina Mutch  
Cluny

13 September Robert(Bob) Shepherd  
Duddingston Drive



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Charity Number SCO31064

## THE GUILD

**AIM :** The Church of Scotland Guild is a movement within the Church of Scotland which invites and encourages both women and men to commit their lives to Jesus Christ and enables them to express their faith in worship, prayer and action.



### PROGRAMME FOR 2017 :

<b>October 10</b>	<b>Kellie Castle</b>
<b>October 24</b>	<b>Human Trafficking : Pam Cairns</b>
<b>November 14</b>	<b>Fun with Words : Eldon Zuill</b>
<b>November 19</b>	<b>Soup and Sweet Lunch</b>
<b>November 19-26</b>	<b>Guild Week</b>
<b>November 25</b>	<b>Coffee Morning</b>
<b>November 28</b>	<b>The Origins of Nursery Rhymes : Sandra Collins</b>
<b>December 12</b>	<b>Finance Meeting and Snowman Drive</b>

*Helen Mitchell*  
President



### **BREAKING THE CYCLE OF FGM (Feed the Minds)**

Your support can help empower women and girls in Kenya to fight the horrendous practice of Female Genital Mutilation(FGM) so they can stay in school and reach their-God-given potential. Your actions and prayers will be able to help girls like Bridget, "I want to stay in school, I do not want to be forced to marry or have children. I am going to become a great lawyer and work on laws to combat FGM."

According to the World Health Organisation over 125 million girls and women across 29 countries, including Scotland, alive today, have been cut. FGM is the partial or total removal of the external genitalia for non-medical reasons. Seen as a rite of passage, it is carried out on girls of 12 years, sometimes younger. It can lead to severe problems and even death. Survivors tend to drop out of school, are married and give birth, all before 16. In the Kuria district of Kenya, where Feed the Minds works, complex cultural and social reasons make FGM hard to combat. Nevertheless we are committed to promoting a culture of change to ensure every girls can choose her own future and to stop the innocent becoming victims.

*Jennifer Wilson*  
Project Partner

## BIBLE SEARCH



**There are 30 books of the Bible in the paragraph below.  
Can you find them?**

This is a most remarkable puzzle. It was found by a gentleman in an aeroplane seat pocket, on a flight from Los Angeles to Honolulu, keeping him occupied for hours. He enjoyed it so much he passed it on to some friends. One friend from Illinois worked on this while fishing from his John boat. Another friend studied it while playing his banjo. Elaine Taylor, a columnist friend, was so intrigued by it she mentioned it in her weekly newspaper column. Another friend judges the job of solving this puzzle so involving, she brews a cup of tea to help her nerves. There will be some names that are really easy to spot. That's a fact. Some people, however, will soon find themselves in a jam; especially since the book names are not necessarily capitalised. Truthfully, from answers we get, we are forced to admit it usually takes a minister or a scholar to see some of them at the worst. Research has shown that something in our genes is responsible for the difficulty we have in seeing the books in this paragraph. During a recent fund raising event which featured this puzzle, the Alpha Delta Phi lemonade booth set a new record. The local paper, the Chronicle, surveyed over 200 patrons who reported that this puzzle was one of the most difficult they had ever seen. As Daniel Humana humbly puts it, "The books are all right here in plain view hidden from sight." Those able to find all of them will hear great lamentations from those who have to be shown. One revelation that may help is that books like Timothy and Samuel may occur without their numbers. Also keep in mind that punctuation and spaces in the middle are normal. A chipper attitude will help you compete really well against those who claim to know the answers. Remember, there is no need for a mad exodus; there really are 30 books of the Bible lurking somewhere in this paragraph waiting to be found.

**ENJOY**



## KART NEWS | AUTUMN 2017

Welcome to the Autumn edition of the KART Corner.  
Thank you for your support.

"We will tell the next generation the praiseworthy deeds of the LORD, his power, and the wonders he has done". Ps78:4



by Maureen Latto

"This Summer I helped out at the Kirkcaldy Multi-Activity Camp at Lendrick Muir. It was BRILLIANT!"

We had 18 campers from primary schools in Kirkcaldy. Kloe and Beata who used to go to the SU group at Balwearie and the Costa 3:16 group were group leaders and were great with young ones.



The daily programme was filled with outdoor and indoor activities and the weather was kind to us. The cooks were incredible: fajitas, ranch chicken, french toast, croissants, pancakes, corned beef hash were just some of the delicious things we had to eat over the 3 days.



Ross, Wendy Slavin's son, works at Lendrick Muir as an

Activity Instructor. The kids from Fair Isle school were always excited when he was leading an activity as Wendy runs the SU group at Fair Isle. One of the days we had inflatables – one was called the 'Demolition Ball'. We all loved it – it was a lot of fun! I got two bulls eyes at our Archery activity. Which is not easy by the way!

The evening bible study sessions were really well received. It is really touching to have kids ask so many questions about God. 4 boys from my church went along to the camp and they are still raving about it. We thank God again for His faithfulness to us.

MAUREEN LATTO IS THE YOUTH CHURCH LEADER AT WHYTESCAUSEWAY BAPTIST CHURCH, KIRKCALDY.



### Tuesday 21st November 2017

11.00am - 12.00pm

(Arrive at 10.30am for a cuppa and a biscuit)

Praying for our local schools, the staff, pupils, & Chaplains. An opportunity to pray for the Christian faith and the work of our local youth worker, Chris Beattie, alongside our volunteers.

VENUE: WHYTESCAUSEWAY BAPTIST CHURCH, KIRKCALDY.

## SU Groups

Pray for the SU Groups at Fair Isle PS, Kinghorn PS and Viewforth HS as they start again after the summer holidays. Pray for a good number of young people to attend and for the opportunity for more SU groups to start in other local schools.



## givingmatters

We're looking to the future of KART and how we finance the charity so that more and more children in our schools can hear about the good news of Jesus.

We have been grateful for the grants given to us especially from the Joseph Rank Trust, however we would like to ask whether you or someone else could commit to regular giving.



Alongside the local churches we are looking for 70 more people to give.



If you are a tax payer you can also take advantage of Gift Aid which enables us to claim back from HMRC additional amounts to your giving, maximising your investment.

PLEASE CONTACT ALISON DOYLE IF YOU CAN HELP SUPPORT KART IN THIS WAY.

## INVEST IN THE WORK OF KART

There are four main ways you can invest

- Cash gifts or Cheques made payable to 'Kirkcaldy Area Reachout Trust'
- Set up a Standing Order at your bank (details from our website)
- Online at [www.btplc.com/mydonate](http://www.btplc.com/mydonate) (charity name KART)



- By text at **JustTextGiving** (text to 70070 with the message KART07 £x with the amount you would like to donate eg KART07£10).

Also when you shop online by using the [www.easyfundraising.org.uk](http://www.easyfundraising.org.uk) website (charity name Kirkcaldy Area Reachout Trust) you are also able to give to the charity.

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the Joseph Rank trust

# St Bryce Coffee Bar lunch club.

Last Thursday of the month

12.00 - 1.45pm

£5.00

(add a mug of soup for £1.00)

26th Oct - Steak pie, veg and potatoes

23rd Nov - Chilli, rice and tortilla crisps

Lunch  
X club

St Bryce  
Coffee Bar

Previous Menus have included	} 24th Aug - Chicken curry, rice and naan bread. 28th Sept - Leek and mushroom pie, veg and potatoes.
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## Kirsty's "Lemonade Scones"

2 ½ cups self-raising flour

2 tablespoons icing sugar

¾ cup lemonade

¾ cup thickened cream

Sift flour & icing sugar;

Add lemonade & cream to a well in the dry ingredients;

Mix dough, cut out and brush with milk.

Gas Mark 5 / 375° F / 190° C for 15 minutes

# SUPPORT YOUR COFFEE BAR !

Why not drop in for a coffee and a scone ?

We all need to do more for the Coffee Bar .

We are really in great need of more volunteers both those who can do a regular slot and those who can be available to come in and do a shift in an emergency.

You can share a weekly slot with a friend so that you are on duty every second week.

So sign up now !

Please contact the Office if you can help maintain this essential feature of St Bryce Kirk's ministry in the community.

